

## English version

WWWITH is a workshop where the very potentiality of the encounter aims to go above and beyond its initial proposal; a process of transformation that makes the way in which we experience our practice in movement and scenic creation, both individually and collectively, easier.

The movement of our body, including the idea of dance, but understanding it in a more all-encompassing way, is the physical and visible manifestation of the conjunction of all the different levels of ourselves: rational, psychological, emotional, energetic and creative.

WWWITH poses a training that comes from a place of the purely physical, the tangible, what we can see and touch. It allows us to access places that are less visible and very telling within ourselves in a playful way, so that we feel freer and more alive in our artistic play, by ourselves and with others.

And now, it would be nice if we could forget all this and that we go to WWWITH because we are called to do so, maybe by our intuition or a hunch. That we go with the simple desire and curiosity to give time, space and attention to the pleasure of being with oneself in the company of others.

"Conducting scenic creation and movement workshops is one of the most enjoyable aspects of my professional life from which I learn the most. In my training, some of the workshops and opportunities to meet with teachers like Mercedes Boronat, Meg Stuart, Ivan Bavcevic or Rui Horta have forever transformed my mind, body and helped me find myself as a person and as a performer. My dream has always been to be able to offer a framework for learning, growth and joint transformation.

It perhaps seems difficult and maybe to go against what is commonly done to not talk too much, but to promise nothing more than time, attention, presence and to work together, but I am certain and experienced enough to know that this is the best way. There was a time when I had the age and the desire to "rely on" a formula, a few steps, a magical tool that you could take home after just one session and it would always work for you. Now I know that that doesn't exist, or at least I haven't found it.

I do know that sometimes when information is found or revealed at the right time it can be deeply profound and can help with radical transformation. It can remain dormant for a time and then explode like a bomb or it can open like a delicate flower years later. Each time there is a new lesson. I keep repeating it to myself too: we can't skip steps, the body needs to go all the way, every time.

That is why I trust in physical training a lot, in the concept of training, in what is done every day,

as a key to access the exceptional, the different and to allow what is revealed to happen. Sometimes it is just a fleeting flash and immediately all the connections, systems and intelligences are activated.

Therefore, I have never put myself in the position of teacher, but I do assume the responsibility of leading the process. I do it with the same approaches that continue to challenge me every day.

How wonderful it is to feel that it is never done, that you never reach port and yet the journey does not tire or bore you. To give yourself time, patience and to develop a deep, genuine taste and love for the work. To have very little or no anxiety to discover or achieve anything, doing things as well as you can for the simple pleasure of doing them well. That could be the proposal.

Patience.

Each group will find their own intelligence and the best way to organize themselves in each moment. I ask myself many questions about how the journey will be now, but I know that we will find out, that we will learn new things and that we will continue to touch and hug each other in unexpected and surprising ways.

Looking forward to meeting you in July 2022 "

*Guillermo Weickert*

## **WWWITH**

Two concepts:

"WWW" stands for World Wide Web and represents the interconnection system of all the spaces of the network of networks where we can interact and exchange information.

"With" is the English translation of the preposition "con", three letters that in Spanish have an incredible number of functions, such as:

- indicate that a person accompanies another or that they something together
- that two objects or two phenomena are paired or occur at the same time
- the instrument, the material or the medium, physical or immaterial, that is used to do something
- some characteristic or quality of an object or a person
- It also indicates the way in which an action occurs or the cause or reason why something happens.

The association of these two concepts opens up a world of suggestion around my approach to contemporary scenic creation, what I like and what I am most interested in about it. It also suggests what I like to create and propose in my training workshops:

- Circulation and transmission of information that I consider relevant and powerful to improve, stimulate, inspire and ignite our desire for expression, creation and communication around the performing arts and movement.
- The possibility of delving into some aspects, which involve movement that advances vertically and with a rather slow pace, and, at the same time, creating endless horizontal interrelationships that create new narratives with incredible speed and lightness.
- The celebration of the encounter with the other(s)... the enjoyment of shifting attention and intention away from ourselves, to be able to find in difference, in otherness, in what is not the same, that creative energy in which 1+1 begins to be more than two. The necessary condition, the human right, in which dance and theater are only material expressions for something greater to happen. The encounter with the other always dynamizes, unlocks, inspires and frees oneself from excess responsibility and control.

## **WWWITH**

It is a moment of abandon, to go beyond "what to do", "what we have to learn", giving space for "something else" to come to meet us.

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WWWITH poses a training that comes from a place of the purely physical, the tangible, what we can see and touch. It allows us to access places that are less visible and very telling within ourselves in a playful way, so that we feel freer and more alive in our artistic play, by ourselves and with others.

The objective of this workshop is to give time and attention to the re-sensitization of our body, train and awaken stage awareness and promote constant flow of energy, inspiration, emotions and information. In short, train our ability to play, transform and use our resources for stage play. For this we will use the non-conscious movement of our spine, contact, somatic practice exercises, dance, physical theater practices and as well as guided improvisation.

I have thought of and designed this workshop, based on the experience of my last 25 years as a

performer, creator and teacher. It was designed for any type of stage performer, not exclusively for dancers or with previous dance training, with a clear desire to explore their own creativity, expand their freedom to play and explore their own imagination. It is aimed at performers who want to immerse themselves in physical work and movement with determination and intensity to undertake a journey that is both individual and collective, to work and advance from collaboration, cooperation and encounter with others.

I would like to bring together a diverse, committed and motivated group to enjoy and celebrate the scenic creation process as a collective gift where there is a place for everyone and where what is created between two or more is always a revelation that we cannot access from the outside.

<https://www.wweickert.com>

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